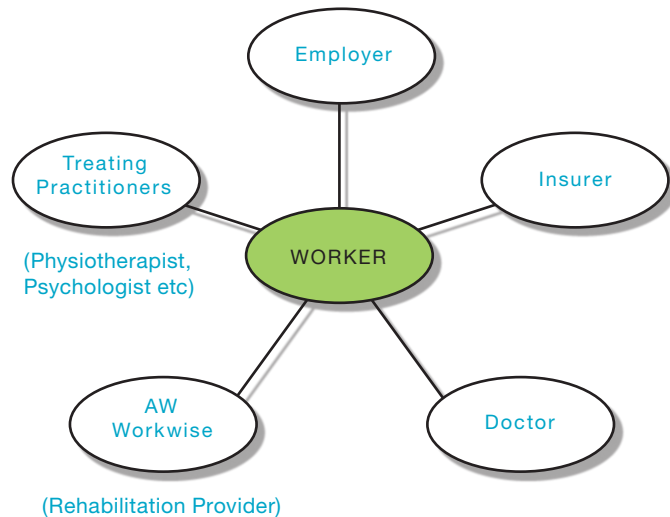


You have been referred to AW Workwise for rehabilitation assistance by either your employer, insurer or treating doctor.

AW Workwise is an organisation accredited by WorkCover NSW and Comcare to provide you with assistance to return to work.

AW Workwise consists of a team of health professionals such as Occupational Therapists, Rehabilitation Counsellors, Psychologists, Job Placement Consultants and Safety Consultants.

AW Workwise form one part of the team involved in assisting you with your recovery and return to work under the NSW Workers Compensation scheme.



All parts of the rehabilitation team will work together to assist you to return to work in a safe and timely manner.

Newcastle

45 King Street
Warners Bay NSW 2282
Tel: (02) 4948 5455
Fax: (02) 4948 5422

Tuggerah

Suite 3/14 Pioneer Ave
Tuggerah Business Park
Tuggerah NSW 2259
Tel: (02) 4353 0906
Fax: (02) 4353 0605

Green Hills

3/14 Garnett Road
Greenhills NSW 2323
Tel: (02) 4933 0144
Fax: (02) 4933 0155

Parramatta

Suite 3, Level 7
111 Phillip Street
Parramatta NSW 2124
Tel: (02) 9687 7122
Fax: (02) 9687 7833

Campbelltown

Suite 101, Level 1
4 Hyde Parade
Campbelltown NSW 2560
Tel: (02) 4629 5600
Fax: (02) 4629 5611

www.awworkwise.com.au

Remember that you can also contact your case manager on their mobile phone number during business hours.

Mobile No. _____

aw workwise™
working smart

Returning to Work After an Injury



How Will AW Workwise Assist Me?

As a rehabilitation provider AW Workwise offers a number of services to assist you in returning to work, such as:

- Communicating with your employer, treating doctor and other specialists to discuss suitable duties that you may be able to perform safely
- Developing a return to work plan to allow you to gradually increase your duties at work as you recover
- Monitoring your progress at work
- Providing education related to your injury (such as back care or pain management)
- Suggesting aids and equipment to assist you to manage your injury at work and at home
- Providing advice about alternative job options and assist you to find new employment if you are medically unable to return to your previous work position
- Communicating with everyone involved in your return to work to keep them informed of your progress (including your insurer, employer and doctor)

“AW Workwise will work with you in partnership to help you achieve your return to work goals”

You will be assigned a case manager at AW Workwise who will support you with your return to work program on a day to day basis. However on occasion you may also be assisted by other members of the AW Workwise team – for example if you require counselling services, you may be referred to one of the psychologists within our team.

AW Workwise has 2 specialised teams to assist people to return to work after an injury – the injury management team and the redeployment team.

The Injury Management team assists people to return to work with their current employer.

The Injury Management team are able to:

- Assess your workplace in order to identify options for suitable duties
- Communicate with your employer and doctor to develop a safe and timely Return to Work Plan
- Regularly review your progress at work and keep relevant parties informed of your progress

The Redeployment team assists people to find employment with a new employer if they are unable to return to work with their current employer. This means that if you have previously been involved with the Injury Management team you will be assigned a new case manager.

The Redeployment team are able to:

- Conduct an assessment to determine your current transferable work skills and recommend suitable vocational options in line with your physical abilities and work experience. This is known as a Vocational Assessment
- Assist you to develop a new work goal
- Assist you with job seeking. This may involve helping to prepare a resume, providing training in interview techniques and approaching potential employers on your behalf
- Monitor your progress in a WorkTrial placement or paid employment when located
- If required, identify retraining needs and assist you with your retraining program.

“To anybody with an injury that wants to work – I would recommend AW Workwise with confidence”